

## Managed Behavioral Health Care

During SFY 2007, CMHRB, through its contract service agencies, provided treatment services for nearly 9,000 residents and prevention services for more than 32,000 residents of Licking and Knox counties. More than 20,000 people also

called the community hotline for assistance. Below are examples of the services purchased by CMHRB from its contract service agencies:

- Assessment
- Case management
- Children & Family counseling
- Consultation
- Crisis intervention
- Education
- Forensic services
- Group therapy
- Hotline services
- Housing assistance
- Inpatient services
- Intensive outpatient therapy
- Individual counseling
- Medication and Nursing services
- Outreach services
- Peer support
- Pre-hospital screening
- Prevention
- Psychological testing
- Specialized services for women and children
- Support groups
- Vocational services



1435-B West Main Street, Newark, Ohio 43055

Tel: 740-522-1234

TDD: 740-522-1232

Fax: 740-522-3502

Toll Free: 1-866-559-6650

[www.communitymhrb.org](http://www.communitymhrb.org)

FISCAL YEAR 2007 ANNUAL REPORT

# ANNUAL REPORT

Fiscal Year 2007

A forum of information from the Community Mental Health and Recovery Board of Licking and Knox Counties.

## Message from the Executive Director and the Board Chair

We are pleased to present the Community Mental Health and Recovery Board Annual Report for FY 2007. Through our network of providers, CMHRB works to assure high quality, cost-effective mental health and substance abuse prevention and treatment services are available for all residents of Licking and Knox Counties.

Substance abuse prevention and treatment programs are the community's investment in its health and well-being. As a steward of public dollars, CMHRB demonstrates its accountability by assuring 94 cents of every dollar is dedicated to direct services.

CMHRB also works as a community partner providing leadership and being an effective advocate so Licking and Knox Counties can be a better place to live.

A few of CMHRB's key accomplishments this past year include:

- Partnered with the City of Newark and a community group to make recommendations to improve the downtown Newark experience for visitors, businesses and residents.
- Expanded the number of law enforcement officers trained in CIT (Crisis Intervention Team) strategies to 53.
- Worked with our state association to help pass Mental Health Parity in Ohio.
- Launched a new consumer-friendly website at [www.communitymhrb.org](http://www.communitymhrb.org).
- Created community priorities through the Knox County Behavioral Health Task Force in partnership with Knox County United Way.

- Led the Behavioral Health Task Force as part of the Community Blue Print Process of United Way of Licking County to identify and make recommendations regarding the needs of children and adults in the county.
- Funded the Assertive Community Treatment (ACT) team to provide intensive services to persons challenged with severe mental illness.
- Completed a comprehensive consumer survey assessing the recovery focus of our system of care.
- Funded community mini-grants:
  - Mt. Vernon High School - Academic Boosters
  - Knox Co. Mental Health Association
  - Orange Barrel Production Company and Central Ohio Drama Club
  - Club Serenity
  - Licking Valley High School SADD Chapter
  - PRIDE Team of Licking County

Despite the progress that has been made, we need to and must do more. Far too many people do not seek the appropriate treatment due to access to care barriers or fear of stigma. Mental health and substance abuse issues are medical problems and must be treated as such. Treatment does work and people do recover.

We are grateful to the Board of Directors, staff and our provider agencies' staff. We are also grateful to the Licking and Knox County communities for continued support of our system.

**Wendy Williams**  
Executive Director

**Karen Boyd**  
Board Chairperson

## FY2007 Board Members

The Community Mental Health and Recovery Board Members serve others by volunteering time and energy, working long hours and providing leadership and support for our local system of care and is one of the most important contributions a group of citizens can make to their communities.

Appointed by state and local entities, the volunteers' Board role is to make key decisions relating to purchasing, monitoring and evaluating services, establishing policies that set direction for the system, advocating for behavioral health issues at all levels of the community and government; and providing good financial stewardship of public funds.

**Board Chair:** Karen Boyd, Knox County

**Board Vice Chair:** Jesse Marlow, Knox County

**Board Secretary:** Bob Greenwell, Licking County

**Immediate Past Chair:** Kim Newsom Bridges, Licking County

**Finance Committee Chair:** Cliff Davis, Knox County

**Program Chair:** Tim Durham, Licking County

**Public Information Chair:** Sherry Paprocki, Licking County

### Board Members:

Dr. John Adams, Licking County	Julie McNulty, Licking County
Jim Davis, Knox County	Mary Lou Montenery, Knox County
Cara Delcher, Licking County	Rev. Bob Sholis, Licking County
Julie Eichorn, Licking County	John Whittington, Licking County
Pat Hollis, Licking County	

### Community Mental Health & Recovery Board Staff:

Wendy Williams, Executive Director  
 Mary Holley, Director of Business Operations  
 Ruth Satterfield, Grant Coordinator and Community Liaison  
 Marcy Hopkins, Accountant  
 M. Kay Spergel, Clinical Manager  
 Kelly O'Brien, Executive Assistant

## SFY 2007 Revenues & Expenses\*

The Community Mental Health & Recovery Board received funding from the following sources to support its Behavioral Health Care System. Many of the funds received from the state and federal government are for very specific uses (e.g., certain services, population types). The local levy represents the largest amount of non-designated funds, though these dollars can be used to "match" state and federal funds. All services purchased by CMHRB must meet specific State of Ohio "Standards of Care."

### Federal Funds

Medicaid Federally Funded Portion ...	\$3,659,387.00
Mental Health .....	\$307,267.00
Substance Abuse .....	\$1,039,790.00
<b>Total .....</b>	<b>\$5,006,444.00</b>

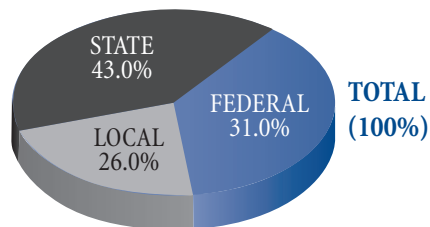
### State Funds

Mental Health .....	\$6,279,784.00
Substance Abuse .....	\$670,789.00
<b>Total .....</b>	<b>\$6,950,572.00</b>

### Local Levy

Licking County .....	\$3,130,401.00
Knox County .....	\$924,387.00
<b>Total .....</b>	<b>\$4,054,788.00</b>
<b>Grand Total .....</b>	<b>\$16,011,804.00</b>

### TOTAL REVENUE SFY 2007



## SFY2007 Expenses

Board Administration .....	\$713,967.00
System Expense & Out of County Medicaid ....	\$1,657,169.00
Mental Health Service Expenses .....	\$10,558,841.00
Alcohol/Drug Service Expenses .....	\$3,066,808.00
Community Support Services and other small grants .....	\$114,012.00
<b>Grand Total Expense .....</b>	<b>\$16,110,797.00</b>
<b>Income Over Expenses .....</b>	<b>(\$98,993.00)</b>

\* The figures above are not yet audited as of print, October, 2007

# Providers of Care

The Board provides the community safety net and manages a full continuum of mental health and alcohol/drug prevention and treatment services designed to address the needs of persons in Licking and Knox Counties.

## Knox County

**Alcohol and Drug FREEDOM CENTER of Knox County**  
*Outpatient Drug and Alcohol Treatment and Prevention*

106 East Gambier Street  
 Mount Vernon, OH 43050  
 Phone # (740) 397-2660  
 Fax # (740) 392-3613

**The Main Place Inc. dba The Recovery Center of Knox County**  
*Consumer-Operated Recovery Services*

100 South Gay Street  
 Mount Vernon, Ohio 43050  
 Phone # (740) 392-9491  
 Fax # (740) 392-9165

**Moundbuilders Guidance Center of Knox County**  
*Outpatient Mental Health Treatment*

8402 Blackjack Road  
 Mount Vernon, OH 43050  
 Phone # (740) 397-0442  
 Fax # (740) 392-1814

**New Directions**  
*Domestic Violence Shelter for Battered Women and their Children*

P.O. Box 453  
 Mount Vernon, OH 43050  
 Phone # (740) 397-4357  
 Fax # (740) 397-1106

**PATHWAYS 24 Hour Crisis and Community Information Hotline**

Phone # 1-(800)-544-1601  
 Fax # (740) 349-9894

## Licking County

**Licking Alcoholism Prevention Program (LAPP)**  
*Outpatient Drug and Alcohol Treatment*

62 East Stevens Street  
 P.O. Box 4160  
 Newark, OH 43055  
 Phone # (740) 366-7303  
 Fax # (740) 366-7305

**The Main Place Inc. of Licking County**  
*Consumer-Operated Recovery Services*

112 S. 3rd Street  
 Newark, Oh 43055  
 Phone # (740) 345-6246  
 Fax # (740) 345-3697

**Mental Health America of Licking County**  
*Mental Health Advocacy, Education and Prevention*

65 Messimer Drive  
 Newark, OH 43055  
 Phone # (740) 522-1341  
 Fax # (740) 522-4464

**Moundbuilders Guidance Center of Licking County**  
*Outpatient Mental Health Treatment*

65 Messimer Drive  
 Newark, OH 43055  
 Phone # (740) 522-8477  
 Fax # (740) 522-2941

**PATHWAYS of Licking County**  
*Drug and Alcohol Prevention and Community Hotline*

1627 Bryn Mawr Drive  
 Newark, OH 43055  
 Phone # (740) 345-6166  
 Fax # (740) 349-9894

**The Sheryl L. Kraner, Esq. Youth and Family Behavioral Health Campus**  
*Residential and Outpatient Alcohol and Drug Treatment*

P.O. Box 4005  
 69 Granville Street  
 Newark, OH 43055  
 Phone # (740) 345-7030  
 Fax # (740) 345-7454

**The Woodlands**  
*Outpatient Mental Health Treatment and Shelter for Victims of Domestic Violence*

195 Union Street, Suite B1  
 Newark, OH 43055  
 Phone # (740) 349-7066  
 Fax # (740) 345-6028

## Community Support Services

**The Childrens Connection of Knox & Morrow Counties**

601C Pittsburgh Ave.  
 Mount Vernon, OH 43050  
 Phone # (740) 397-8733  
 Fax # (740) 397-8736

**Knox County Family & Children First Council**

117 East High Street, 3rd Floor  
 Mount Vernon, OH 43050  
 Phone # (740) 397-7177  
 Fax # (740) 397-2617

**Big Brothers Big Sisters of Licking & PERRY Counties**

62 West Locust St.  
 Newark, OH 43055  
 Phone # (740) 349-9646  
 Fax # (740) 349-8618

**Licking County Children and Family First Council**

65 W. Church Street  
 Newark, OH 43055  
 Phone # (740) 349-1633  
 Fax # (740) 349-1644

## Toll-Free Information & Emergency Hotline

**1-800-544-1601**

(24 hours a day / 7 days a week) All calls are strictly confidential.