

## Behavioral Health System of Care

During SFY 2008 CMHRB, through its contract service agencies, provided treatment services for over 10,000 residents and prevention services for nearly 40,000 residents of Licking and Knox counties. More than 27,000 people also called the community hotline for assistance.

Below are examples of the addiction and mental health services purchased by CMHRB from our contract service providers:

- Assessment
- Case management
- Child and family counseling
- Consultation
- Crisis intervention
- Education
- Forensic services
- Group therapy
- Hotline services
- Housing assistance
- Inpatient services
- Intensive outpatient therapy
- Individual counseling
- Medication and nursing services
- Outreach services
- Peer support
- Pre-hospital screening
- Prevention
- Psychological testing
- Specialized services for women and children
- Support groups
- Vocational services



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## Fiscal Year 2008 Annual Report

# ANNUAL REPORT

Fiscal Year 2008

A forum of information from the Community Mental Health and Recovery Board of Licking and Knox Counties.

## Message from the Executive Director and the Board Chair

We are pleased to present the Community Mental Health and Recovery Board Annual Report for Fiscal Year 2008. Through our network of providers, CMHRB works to assure high quality, cost-effective mental health and substance abuse prevention and treatment services are available for all residents of Licking and Knox Counties.

Uncertain economic times create challenges for the entire community. Substance abuse prevention and treatment programs continue to be a wise investment in the community's health and well-being. CMHRB understands these issues and is accountable by assuring 94 cents of every dollar is dedicated to direct services.

CMHRB continues to work with key partners to invest in the citizens of Licking and Knox Counties.

### **A few of CMHRB's key accomplishments this past year include:**

- Expanded 40-hour Crisis Intervention Team (CIT) training for law enforcement to include university security personnel in Licking and Knox Counties. To date, 89 CIT graduates have been trained in Licking County
- Advocated for successful passage of the Federal Parity Act
- Worked with United Way of Licking County to secure funding for a position to coordinate multi-system services for youth and families
- Board staff served on the state's System Finance Principles and Process Team to assist Ohio Department of Mental Health and Ohio Department of Alcohol and Drug Addiction Services in developing a sustainable model for Ohio's publicly funded behavioral health care system
- Increased funding for respite services in Knox County

- Funded new Wellness Management and Recovery programming for Knox and Licking Counties
- Partnered with community leaders and concerned citizens to address substance abuse concerns in southwestern Licking County
- Worked to promote 211 as a community resource and increased access to needed services

### **The following organizations have received a mini-grant award:**

- Knox County Special Education Advisory Committee
- East Elementary PTO
- Twin Oak Elementary PTO
- Linnville Lighthouse Teen Center After School Program
- Kairos Academy Teamworks Youth Ventures
- Newark Church of the Nazarene/Small Groups
- Homer Elementary Guidance/Physical Education Class
- Public Health Partnership of Licking County, Inc.

Mental health and substance abuse issues are medical problems just like heart disease or diabetes. Treatment does work and people do recover. We need to recognize the achievements of those who seek treatment services, celebrate their successes, and provide help for those still in need.

We are grateful to the Board of Directors, staff and our provider agencies' staff. We are also grateful to the Licking and Knox County communities for continued support of our system.

**Wendy Williams**  
Executive Director

**Jesse Marlow**  
Board Chair

## FY2008 Board Members

The Community Mental Health and Recovery Board is led by volunteers from the Licking and Knox County communities. Board members devote time and energy, working long hours to provide leadership and support for our local system of care. CMHRB board members make a difference by making our community a better place to live.

Appointed by state and local entities, the volunteers' Board role is to make key decisions relating to purchasing, monitoring and evaluating services; establishing policies that set direction for the system; advocating for behavioral health issues at all levels of the community and government; and providing good financial stewardship of public funds.

**Board Chair:** Jesse Marlow, Knox County

**Board Vice Chair:** Cara Delcher, Licking County

**Board Secretary:** Julie McNulty, Licking County

**Immediate Past Chair:** Kim Newsom Bridges, Licking County

**Finance Committee Chair:** Cliff Davis, Knox County

**Program Chair:** Dr. John Adams, Licking County

**Public Information Chair:** Sherry Paprocki, Licking County

### Board Members:

Randy Anderson, Licking County	Dr. David Kale, Knox County
Jim Davis, Knox County	Mary Lou Montenery, Knox County
Pat Hollis, Licking County	Rev. Bob Sholis, Licking County

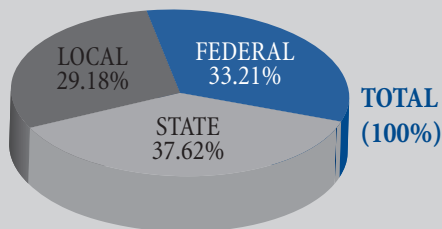
### Community Mental Health & Recovery Board Staff:

Wendy Williams, Executive Director  
 Mary Holley, Director of Business Operations  
 Marcy Hopkins, Fiscal Assistant  
 Dr. Lewis Mollica, Community Impact Coordinator  
 Kelly O'Brien, Executive Assistant  
 M. Kay Spergel, Clinical Manager  
 Amy Bush Stevens, Program Evaluator

## SFY 2008 Revenues & Expenses\*

The Community Mental Health & Recovery Board received funding from the following sources to support its Behavioral Health Care System. Many of the funds received from the state and federal government are for very specific uses (e.g., certain services, population types). The local levy represents the largest amount of non-designated funds, though these dollars can be used to "match" state and federal funds. All services purchased by CMHRB must meet specific State of Ohio "Standards of Care."

### TOTAL REVENUE SFY 2008



### Federal Funds

Medicaid Federally Funded Portion ...	\$4,416,410.00
Mental Health .....	\$291,986.00
Substance Abuse .....	\$1,039,773.00
<b>Total .....</b>	<b>\$5,748,169.00</b>

### State Funds

Mental Health .....	\$5,865,156.00
Substance Abuse .....	\$646,856.00
<b>Total .....</b>	<b>\$6,512,012.00</b>

### Local Levy

Licking County .....	\$3,903,867.00
Knox County .....	\$1,146,804.00
<b>Total .....</b>	<b>\$5,050,671.00</b>
<b>Grand Total .....</b>	<b>\$17,310,852.00</b>

## SFY 2008 Expenses

Board Administration .....	\$774,631.00	
System Expense & Out of County Medicaid ....	\$2,691,184.00	
Mental Health Service Expenses .....	\$10,938,406.00	
Alcohol/Drug Service Expenses .....	\$2,807,862.00	
Community Support Services and other small grants .....	\$104,140.00	
<b>Grand Total Expense .....</b>	<b>\$17,316,223.00</b>	
<b>Income Over Expenses .....</b>	<b>(\$5,371.00)</b>	

\* The figures above are not yet audited as of print (October 2008)

# Providers of Care

The Board provides the community safety net and manages a full continuum of mental health and alcohol/drug prevention and treatment services designed to address the needs of persons in Licking and Knox Counties.

## Knox County

**Alcohol and Drug FREEDOM CENTER of Knox County**  
*Outpatient Drug and Alcohol Treatment and Prevention*

106 East Gambier Street  
 Mount Vernon, OH 43050  
 Phone # (740) 397-2660  
 Fax # (740) 392-3613

**The Recovery Center of Knox County dba The Main Place Inc.**  
*Consumer-Operated Recovery Services*

117 W. High Street  
 Mount Vernon, OH 43050  
 Phone # (740) 392-9491  
 Fax # (740) 392-9165

**Moundbuilders Guidance Center of Knox County**  
*Outpatient Mental Health Treatment*

8402 Blackjack Road  
 Mount Vernon, OH 43050  
 Phone # (740) 397-0442  
 Fax # (740) 392-1814

**New Directions**  
*Domestic Violence Shelter for Battered Women and their Children*

P.O. Box 453  
 Mount Vernon, OH 43050  
 Phone # (740) 397-4357  
 Fax # (740) 397-1106

**PATHWAYS of Central Ohio**  
*24 Hour Crisis and Community Information Hotline*

Phone # 1-(800)-544-1601  
 Fax # (740) 349-9894

## Licking County

**Licking Alcoholism Prevention Program (LAPP)**  
*Outpatient Drug and Alcohol Treatment*

62 East Stevens Street  
 P.O. Box 4160  
 Newark, OH 43055  
 Phone # (740) 366-7303  
 Fax # (740) 366-7305

**LAPP Pataskala Office**  
*Outpatient Drug and Alcohol Treatment*

196 E. Broad Street  
 Pataskala, OH 43062  
 Phone # (740) 366-7303  
 Fax # (740) 366-7305

**The Main Place Inc. of Licking County**  
*Consumer-Operated Recovery Services*

112 S. 3rd Street  
 Newark, OH 43055  
 Phone # (740) 345-6246  
 Fax # (740) 345-3697

**Mental Health America of Licking County**  
*Mental Health Advocacy, Education and Prevention*

65 Messimer Drive  
 Newark, OH 43055  
 Phone # (740) 522-1341  
 Fax # (740) 522-4464

**Moundbuilders Guidance Center of Licking County**  
*Outpatient Mental Health Treatment*

65 Messimer Drive  
 Newark, OH 43055  
 Phone # (740) 522-8477  
 Fax # (740) 522-2941

**PATHWAYS of Central Ohio**  
*Drug and Alcohol Prevention and 24 Hour Crisis and Community Information Hotline*

1627 Bryn Mawr Drive  
 Newark, OH 43055  
 Phone # (740) 345-6166  
 Fax # (740) 349-9894

**The Sheryl L. Kraner, Esq. Youth and Family Behavioral Health Campus**  
*Residential and Outpatient Alcohol and Drug Treatment*

P.O. Box 4005  
 69 Granville Street  
 Newark, OH 43055  
 Phone # (740) 345-7030  
 Fax # (740) 345-7454

**The Woodlands**  
*Outpatient Mental Health Treatment and Shelter for Victims of Domestic Violence*

195 Union Street, Suite B1  
 Newark, OH 43055  
 Phone # (740) 349-7066  
 Fax # (740) 345-6028

## Community Support Services

**Children's Connection**  
 8868 Columbus Road P.O. Box 616  
 Mount Vernon, OH 43050  
 Phone # (740) 397-8733  
 Fax # (740) 397-8736

**Knox County Family and Children First Council**  
 Phone # (740) 397-7177

**Big Brothers Big Sisters of Licking and Perry Counties**  
 62 West Locust St.  
 Newark, OH 43055  
 Phone # (740) 349-9646  
 Fax # (740) 349-8618

**Licking County Children and Family First Council**  
 Phone # (740) 349-1633

## Toll-Free Information & Emergency Hotline

**1-800-544-1601 or 211**

(24 hours a day / 7 days a week) All calls are strictly confidential.