

Behavioral Health System of Care

During SFY 2009 CMHRB, through its contract service agencies, provided treatment services for over 9,490 residents and prevention services for nearly 22,143 residents of Licking and Knox counties. More than 28,193 people also called the community hotline for assistance.

Below are examples of the addiction and mental health services purchased by CMHRB from our contract service providers:

- Assessment
- Case management
- Children & family counseling
- Consultation
- Crisis intervention
- Education
- Forensic services
- Group therapy
- Hotline services
- Housing assistance
- Inpatient services
- Intensive outpatient therapy
- Individual counseling
- Medication and nursing services
- Outreach services
- Peer support
- Pre-hospital screening
- Prevention
- Psychological testing
- Specialized services for women and children
- Support groups
- Vocational services



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FISCAL YEAR 2009 ANNUAL REPORT

ANNUAL REPORT

Fiscal Year 2009

A forum of information from the Community Mental Health and Recovery Board of Licking and Knox Counties.

Message from the Executive Director and the Board Chair

We are pleased to present the Community Mental Health and Recovery Board Annual Report for FY 2009.

This past year has proven to be the beginning of unprecedented funding challenges for our two-county system. Significant state budget cuts that began in 2008/09 will continue and go deeper in 2010. This will impact the scope of CMHRB's funding for services.

However, despite the reduction in funding, CMHRB will maintain its full commitment to program priorities and populations. CMHRB's network of providers will continue to provide high quality, cost-effective mental health and substance abuse prevention and treatment services for residents of Licking and Knox Counties.

Uncertain economic times create challenges for the entire community and CMHRB's resolve and commitment to the community remains unwavering. Below are few of CMHRB's key accomplishments this past year:

- The following organizations have received a mini-grant award:
 - Mental Health America of Knox County, Steppin' Up Program
 - Mount Vernon High School Academic Booster Club
 - Licking Heights South Elementary Music Department, Music Club
 - Granville Fellowship Senior Center, Preserving Memories Scrapbook and Yoga for Seniors
 - Newark Area Soccer Association, Score A Goal For Life Project
 - Baskets of Life, Monthly Programs

- Hosted the first Crisis Intervention Team (CIT) training for law enforcement in Knox County. To date 117 CIT graduates have been trained in Licking and Knox Counties
- Conducted numerous community meetings to share funding and budget information with the community
- Worked to illuminate mental illness and substance abuse issues through the local media
- Spearheaded community efforts to establish Our Futures in Licking County, a coalition of community partners to create a healthier community by increasing school success, decreasing alcohol, tobacco and other drug use, youth violence and child abuse and neglect
- CMHRB staff served on the state's System Finance Principles and Process Team to assist ODMH and ODADAS in developing a sustainable model for Ohio's publicly funded behavioral health care system

Mental health and substance abuse issues can affect anyone. Treatment does work and people do recover – that is why support for behavioral health has never been more important.

It is our hope that the State of Ohio will live up to its commitment and fully fund the services our community has supported with local levies.

As we begin 2010 our system challenges will continue to mount. We are grateful to the Board of Directors, staff and our provider agencies' staff for pulling together towards our common goal. We are also grateful to the Licking and Knox County communities for continued support of our system.

Wendy Williams
Executive Director

Jesse Marlow
Board Chair

FY2009 Board Members

The Community Mental Health and Recovery Board is led by volunteers from the Licking and Knox County communities. Board members devote time and energy, working long hours to provide leadership and support for our local system of care. CMHRB board members make a difference and our community a better place to live.

Appointed by state and local entities, the volunteers' Board role is to make key decisions relating to purchasing, monitoring and evaluating services, establishing policies that set direction for the system, advocating for behavioral health issues at all levels of the community and government; and providing good financial stewardship of public funds.

Board Chair: Jesse Marlow, Knox County

Board Vice Chair: Cara Delcher, Licking County

Board Secretary: Julie McNulty, Licking County

Program Chair: Dr. John Adams, Licking County

Finance Committee Chair: Randy Anderson, Licking County

Public Information Chair: David Kale, Knox County

Member at Large: Cliff Davis, Knox County

Board Members:

Tim Durham, Licking County	Elizabeth Gray, Licking County
Pat Hollis, Licking County	Leonard J. Hubert, Licking County
Judy Knapp, Licking County	Reverend Bob Sholis, Licking County

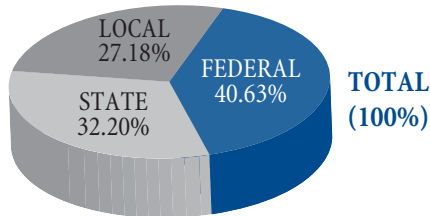
Community Mental Health & Recovery Board Staff:

Wendy Williams, Executive Director
 Jim Vehslage, Chief Financial Officer
 Marcy Hopkins, Fiscal Assistant
 Dr. Lewis Mollica, Community Impact Coordinator
 Kelly O'Brien, Executive Assistant
 M. Kay Spergel, Clinical Manager
 Amy Bush Stevens, Program Evaluator

SFY 2009 Revenues & Expenses*

CMHRB received funding from the following sources to support its Behavioral Health Care System. Many of the funds received from the state and federal government are for very specific uses (e.g., certain services, population types). The local levy represents the largest amount of non-designated funds, though these dollars can be used to "match" state and federal funds. All services purchased by CMHRB must meet specific State of Ohio "Standards of Care." CMHRB understands these issues and is accountable by assuring 94 cents of every dollar is dedicated to direct services.

TOTAL REVENUE SFY 2009



Federal Funds

Medicaid Federally Funded Portion ...	\$5,649,867.00
Mental Health	\$310,856.00
Substance Abuse	\$1,120,236.00
Total	\$7,080,959.00

State Funds

Mental Health	\$4,991,072.00
Substance Abuse	\$620,528.00
Total	\$5,611,600.00

Local Levy

Licking County	\$3,621,220.00
Knox County	\$1,115,773.00
Total	\$4,736,993.00
Grand Total	\$17,429,552.00

SFY2009 Expenses

Board Administration	\$691,559.00
System Expense & Out of County Medicaid	\$3,866,063.00
Mental Health Service Expenses	\$9,762,909.00
Alcohol/Drug Service Expenses	\$3,214,530.00
Community Support Services and other small grants	\$184,909.00
Grand Total Expense	\$17,719,970.00
Income Over Expenses	(\$290,418.00)

The figures above are not yet audited as of print (October 2009)

Providers of Care

The Board provides the community safety net and manages a full continuum of mental health and alcohol/drug prevention and treatment services designed to address the needs of persons in Licking and Knox Counties.

Knox County

Alcohol and Drug FREEDOM CENTER
Outpatient Drug and Alcohol Treatment and Prevention
 106 East Gambier Street
 Mount Vernon, OH 43050
 Ph# (740) 397-2660
 F# (740) 392-3613

The Main Place Inc. dba The Recovery Center of Knox County
Consumer-Operated Recovery Services
 117 W. High Street
 Mount Vernon, Ohio 43050
 Ph# (740) 392-9491
 F# (740) 392-9165

Moundbuilders Guidance Center of Knox County
Outpatient Mental Health Treatment
 8402 Blackjack Road
 Mount Vernon, OH 43050
 Ph# (740) 397-0442
 F# (740) 392-1814

New Directions
Domestic Violence Shelter for Battered Women and their Children
 P.O. Box 453
 Mount Vernon, OH 43050
 Ph# (740) 397-4357
 F# (740) 397-1106

PATHWAYS of Central Ohio
24 Hour Crisis and Community Information Hotline
 Ph# 1-800-544-1601
 F# (740) 349-9894
 or call 211

Licking County

Licking County Alcoholism Prevention Program (LAPP)
Outpatient Drug and Alcohol Treatment
 62 East Stevens Street
 P.O. Box 4160
 Newark, OH 43055
 Ph# (740) 366-7303
 F# (740) 366-7305

LAPP Pataskala Office
Outpatient Drug and Alcohol Treatment
 196 E. Broad Street
 Pataskala, OH 43062
 Ph# (740) 366-7303
 F# (740) 366-7305

The Main Place Inc. of Licking County
Consumer-Operated Recovery Services
 112 S. 3rd Street
 Newark, OH 43055
 Ph# (740) 345-6246
 F# (740) 345-3697

Mental Health America of Licking County
Mental Health Advocacy, Education and Prevention
 65 Messimer Drive
 Newark, OH 43055
 Ph# (740) 522-1341
 F# (740) 522-4464

Moundbuilders Guidance Center of Licking County
Outpatient Mental Health Treatment
 65 Messimer Drive
 Newark, OH 43055
 Ph# (740) 522-8477
 F# (740) 522-2941

PATHWAYS of Central Ohio
Drug and Alcohol Prevention and 24 hour Community Hotline
 1627 Bryn Mawr Drive
 Newark, OH 43055
 Ph# (740) 345-6166
 F# (740) 349-9894
 or call 211

The Sheryl L. Kraner, Esq. Youth and Family Behavioral Health Campus
Residential and Outpatient Alcohol and Drug Treatment
 P.O. Box 4005
 69 Granville Street
 Newark, OH 43055
 Ph# (740) 345-7030
 F# (740) 345-7454

The Woodlands
Outpatient Mental Health Treatment and Shelter for Victims of Domestic Violence
 195 Union Street, Suite B1
 Newark, OH 43055
 Ph# (740) 349-7066
 F# (740) 345-6028

Community Support Services

Children's Connection
 8868 Columbus Road P.O. Box 616
 Mount Vernon, OH 43050
 Ph# (740) 397-8733
 F# (740) 397-8736

Knox County Family & Children First Council
 Ph# (740) 397-7177

Big Brothers Big Sisters of Licking & Perry Counties
 62 West Locust St.
 Newark, OH 43055
 Ph# (740) 349-9646
 F# (740) 349-8618

Licking County Children & Family First Council
 Ph# (740) 349-1633

Toll-Free Information & Emergency Hotline
1-800-544-1601 or 211 • www.communitymhrb.org.
 (24 hours a day / 7 days a week) All calls are strictly confidential.